

THE LIST

1. Finish what you start
2. Have integrity
3. Have values
4. Be a mentor
5. Stay committed
6. Listen well
7. Don't take things personally
8. Give away a book
9. Open doors for people
10. Help others
11. Ask questions
12. Encourage others
13. Move someone for free
14. Finish what you start
15. Pick up trash
16. Be cheerful
17. Write a book
18. Be kind
19. Save 10 percent
20. Visit someone in the hospital
21. Visit someone in treatment
22. Believe in yourself
23. Have a dream list.
24. Use a to-do list
25. Don't worry
26. Visit someone in jail
27. Ideas. Action. Commitment.
28. Visit someone in a homeless shelter
29. Buy someone diner
30. Exercise
31. Take vitamins
32. Winners take action
33. Share hope
34. Dream big
35. Winners plan
36. Learn from other people
37. Do good
38. Use good manners
39. Call a relative
40. Have fun
41. Become a champion
42. Repay favors
43. Don't assume anything
44. Always be on time
45. Go to a seminar
46. Take a walk
47. Go to the park
48. Finish strong
49. Read
50. Sharing is caring
51. Don't blame others
52. Focus
53. Exercise your mind
54. Be slow to anger
55. Be honest
56. Give freely
57. Creation, not competition
58. Do important things first
59. Carry a book with you
60. Always do your best
61. Develop routine
62. Drink water
63. Accept responsibility
64. Stick to your plan
65. Invite someone to church
66. Enjoy church
67. Be a greeter at church
68. Run four days a week
69. Reconciliation , not retaliation
70. Be a person of value
71. Value people
72. Be loyal
73. Say what you mean
74. Believe in others
75. Impact the lives of others
76. Mean what you say
77. Read more
78. Be polite
79. Accept challenges
80. Defeat challenges
81. Get a mentor
82. Be a friend
83. Keep your promises
84. Be kind
85. Go the extra mile
86. Be frugal thank people
87. Use positive words
88. Remember your victories
89. What gets measured gets improved
90. Stick to your plan
91. Enjoy new things
92. Share good news
93. Encourage others
94. Avoid self-doubt
95. Play by the rules
96. Don't always talk about yourself
97. Concentrate
98. Dishonesty costs everything
99. Motivate yourself
100. Be real
101. Seek understanding
102. Become wise
103. Use your talents
104. Everyone needs help
105. Everyone suffers
106. Always take action
107. Don't run from challenges
108. Make a difference
109. Have faith
110. Give back
111. Be loyal
112. Sympathy